

# AMERICA FABIANA PARDO

## #1 WELLBEING

## MMUNIFIED



### WHO AM I?

Hi! I'm America and I want to be your next **Wellbeing Officer** as a part of the **MMUnified** Slate. I always want to make a change where I can, and I finally feel I am in the position to accept a role as Wellbeing Officer. I am part of several societies including the Pole Dancing Society and Rock Society but have also been part of Horror and LGBT societies in the past. This has helped me become aware of the challenges that we as students face when moving to a new city and community, often alone and that these are challenges that most of us face when we enter university. I will help you feel as comfortable and confident as possible when meeting people and make you unafraid to share your voice and story. I will always do my best to give you a better university experience!

### SUPPORT WITH HOUSING

By highlighting and broadcasting the help that is already available from the university, I want to make accommodation an easier process for you. I will ensure there are always alternatives if you encounter any issues with housing and to ensure that your landlord is working with you appropriately without hassle.

### SUSTAINABILITY

I am extremely passionate about the environment and I will do all the work in researching and providing information and schemes to be more eco-friendly- giving you time to focus on your more important exams and coursework. The university is already very sustainable, from the use of paper straws in the union to the use of bacteria to power the Christmas lights on the tree in the John Dalton building. I will take this further, as I want changes to affect you- from the union shop offering you more sustainable options, like the Diva/Moon Cups or drinking mugs being available to borrow and return when you forget your own keep cup.

### SETTLING INTO MANCHESTER

The university already does great work on loneliness and settling into MMU. But little is done to offer help settling into Manchester and finding a new network of friends. I want there to be more options and more help for finding friends (not in the form of massive events) as we all know how daunting that can sometimes be. By implementing an optional buddying-up system, I believe that we can lower the rates of loneliness in the first year, but moreover, set the foundations for the rest of their university career.

### LET'S TALK ABOUT SEX BABY...

Sexual health is not often a subject talked about, by the time you get to university everyone expects you to know everything there is about your sexual health, but I know this wasn't the case for me and I know this isn't the case for you. I want to offer the students easier access and knowledge about screenings around Manchester. I want there to be a wider choice and better accessibility to products that can help you, if you are discovering yourself sexually or if you are a sexual veteran who just doesn't have the time to go to a pharmacy to get all your protection. I also believe there needs to be greater knowledge around the sexual health aspect of the university.

## VOTE MMUNIFIED

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