



VISION STATEMENT

Candidate's Name	lyasha Hayat
Candidate Team Name	

Hi, my name is **lyasha**, and I'm running to be your next **Wellbeing Officer**. I love being involved in the union and working with our student community, and I want to continue building on this by serving as your Wellbeing Officer. Through my experience working on the Societies Panel, serving as President of the Islamic Society, and working in the University Advice Centre, I have built a strong understanding of the real challenges students face. I work directly with students every day, and I know how difficult it can be to balance academic pressure, personal challenges, and the wider issues happening in the world around us.

My main goal is to support students in achieving their goals by making wellbeing support easier to access, more visible, and more responsive to student needs. I will advocate for stronger funding and protection for services and resources that directly support student wellbeing.

I recognise that many students are navigating a growing mental health crisis while balancing academic expectations and the emotional impact of global events happening through our screens. I want to actively support students who are trying to continue their studies while witnessing genocide and humanitarian crises in real time. Students should not have to carry that emotional burden alone while trying to succeed academically.

If elected, I will:

- Work proactively with societies and sports to create more hands-on, community-building activities that support positive mental wellbeing
- Challenge and reduce stigma around accessing mental health and wellbeing support
- Work with education teams to improve communication between students and tutors or staff, especially around extensions, evidence processes, and support pathways
- Make sure students clearly understand what help is available and how to access it
- Reduce stigma around the different type of issues students are facing, and create a diverse, welcoming space

Most importantly, I want to listen. I will actively engage with students, attend society spaces, speak to educators, and create opportunities to hear directly from you about what our community truly needs.

Wellbeing support should not feel distant. It should feel built around you.

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