



# VISION STATEMENT

<b>Candidate's Name</b>	Sal Sabvute
<b>Candidate Team Name</b>	
<p>Student wellbeing must be easily accessible, compassionate and shaped by student voices, especially voices that can relate to the experiences of others. I want to ensure MMU students feel genuinely supported and connected so they can thrive throughout their university experience.</p> <p><b>Easier Access to Support</b>          Students deserve support that is fast, clear and approachable. I will campaign for reduced waiting times for counselling and clearer, more transparent pathways to mental health services. I will introduce a peer buddy system to provide student-to-student signposting an support, helping students access help earlier and in a more comfortable, familiar setting.</p> <p>I will also work to improve awareness of the needs of underrepresented and at-risk student groups through targeted awareness campaigns. Alongside this, I will review and promote existing wellbeing services and financial support options, recognising that financial stress is one of the biggest contributors to student mental health challenges,</p> <p><b>Supporting hidden struggles</b>          Many students face challenges that often go unseen. I will promote stigma free and compassionate support around addiction, including substance use, digital addiction and behavioural compulsions, through harm-reduction education and improved signposting to specialist services.</p> <p>I will also campaign for greater awareness and support around body dysmorphia and complex mental health conditions, ensuring students feel safe, understood and confident when seeking help.</p> <p><b>Tackling root causes of poor wellbeing</b>          Wellbeing is shaped by everyday student experiences. I will advocate for stronger support during major life transitions, particularly for first year and international students adjusting to independence and distance from family. I will campaign for improved financial wellbeing education and resources to help students feel more secure and informed.          I will also promote relationship wellbeing initiatives, including workshops and inclusive social opportunities that help students build healthy friendships, manage conflict and reduce loneliness.</p> <p><b>Building community and belonging</b>          Feeling connected is vital to student wellbeing. I will work with societies, student groups and university services to create inclusive wellbeing events that help students feel part of the university community.</p> <p>I will also develop wellbeing ambassador training to help students recognise when peers may be struggling and support earlier signposting to available services.</p>	

Wellbeing should be proactive, inclusive and shaped by the needs of students. I will work to

