



# VISION STATEMENT

<b>Candidate's Name</b>	Sharon Reid
<b>Candidate Team Name</b>	
<p><b>Wellbeing should be a visible and valued part of everyday university life.</b>          Hi! My name is Sharon and I'm running to be your Wellbeing Officer. I'm a full-time Master's student in Medical Microbiology, with a Degree in Human Biology and Infectious Disease, and experience working one-to-one in mental health support within the NHS. These experiences have shaped my belief that wellbeing is built through everyday care, connection, and understanding.</p> <p><b>Supporting student wellbeing</b>          Wellbeing matters at every stage of university life. As Wellbeing Officer, I want support to feel visible, approachable, and reassuring, so students feel confident reaching out when they need it.</p> <p><b>Connection and belonging</b>          University is a time of growth and opportunity, but it can also feel isolating especially when starting out or trying to make new friends. I want to support opportunities that help students connect, build friendships, and feel part of a welcoming community.</p> <p><b>Clear and encouraging support</b>          Reaching out for help should feel positive and empowering. I will work to improve how wellbeing support is shared, so students know where to turn and feel supported taking that step.</p> <p><b>Working with students</b>          I want to work closely with students, volunteers, and campaigners to ensure wellbeing initiatives reflect real student experiences and lead to meaningful, positive change.          If elected, I will approach this role with empathy, optimism, and responsibility. My aim is to be a Wellbeing Officer students can trust someone who listens, supports, and helps make university a more positive and connected experience.</p>	



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