



# VISION STATEMENT

<b>Candidate's Name</b>	Thomas Grice
<b>Candidate Team Name</b>	
<p>Hey my name is Tommy.</p> <p>I am 25 years old, currently in my 2nd year of studies at MMU as a mature student. Being older allows me to pay forward information and advice on student life to younger applicants/students that may be nervous about where to start or what to do.</p> <p>I like to boulder in my spare time, as well as cycling and the odd bit of self guided meditation.</p> <p>I have dealt with applying for student housing, student finance as well as assisting many of my friends through these application processes, no problem seems to small for me and I'd like university life to be as stress free as possible for other students as well as my self. Achieving peace of mind in your personal life greatly allows additional time to be dedicated to studies internally and externally, maximising quality of grades and experience. I also attend mindfulness courses as part of "Sacred Lounge" in Manchester this can be found on meetup, this is a free service and focuses on self reflection as well as stress management, collecting thoughts and kindness.</p> <p>There were times in my life where I struggled for advice and guidance, I felt like my mind was consumed by stress, which hindered my ability to apply myself fully to my personal studies and goals, having people to support me and teach me stress management really mitigated these feelings for me. After recieving help from my peers I'd like to do it for others, no one should struggle.</p> <p>During 1<sup>st</sup> year, I was the group leader for my team project within graduate skills. This was a very positive experience for myself as well as my team, as everyone who participated during our team meetings and labs achieved a 1<sup>st</sup> class mark. Being a team leader enabled me to develop my skills in public speaking within a group, as well as listening to each team member, making changes to noted issues, and providing constructive feedback. By the end of the module, my team and I were able to provide a solid presentation on student life and 1<sup>st</sup> year at MMU.</p> <p>I also work as an AV Technician outside of the university within the events industry. This work has enabled me to build my teamwork skills in a diverse setting of people. I think this skill would be valuable to the team, as I am confident in public speaking, teamwork, and executing projects within required deadlines, whether it be in my work at university or when delivering a project within the AV World.</p> <p>I hope you consider me for your Student Wellbeing Officer as I'm eager to get involved and help anyone who's struggling be it your first or final year of studies. :)</p>	

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